# Conversation Starters for your next Work Party/Event

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# What Makes a Good Conversation Starter?



- 1. Open Ended:Broad questions are far more engaging than questions that result in yes/no answers
- 2. Non-Routine: Inviting someone to an interesting, uncommon conversation will take the person out of autopilot and increase your memorability
- 3. Professional: Certain topics are better suited for friends/family than co-workers, be mindful
- 4. Relevant: If possible, use timely and specific topics that are relevant to the event and attendees

## First You Give, Then You Get

- Volunteer information about yourself prior to asking questions, this makes people more comfortable and willing to share
- Negative to positive
  - If you answer no to a question, follow it with a positive 'No I don't follow football, but I do love baseball! Do you have a favorite team?"



# Ask Questions



People love to talk about themselves and their interests, asking questions can start great conversation!

- "What keeps you busy lately?"
- "Tell me about you."
- "Have you always lived in (city) or did you move here?"
- "Have you seen anything good on Netflix/Hulu lately?"
- "How has your year been going?"

# Use the Shared Employer

Since you likely all work for the same company, use this time to get to know people you've never met.

- "What do you love about what you do?"
- "How long have you been with the company?"
- "Who is your work BFF?"
- "Have you always worked in this industry?"
- "Is there anyone I can introduce you to?"



# Use the Location

- "Have you tried any of the food? What's good?"
- "This venue is beautiful, have you been here before?"
- "Do you know any good restaurants in the area?"
- "Have you been to an event like this before?"
  "What are you drinking/eating?"



## **Find Humor**

Making appropriate jokes can ease the mood of a conversation and invite some light-hearted energy.

- "2020 has been a heck of a year, what good things have come of it for you/your family?"
- "Know any funny conversation starters?"
- "I only come to these events for the food."



#### Use the Time of Year

December is a time for many holiday celebrations and looking forward to new opportunities in January. Center conversations around upcoming plans!

- "Do you have any fun holiday plans?"
- "What are your favorite holiday traditions?"
- "I love how cold it gets during winter, do you?"
- "What are you looking forward to in the new year?

#### **Starters for Introverts**

Not everyone enjoys the hubbub of a busy room. Whether you are an introvert or you're in a conversation with one, here are some starters that be successful:

- "These events can get so noisy, mind if I join you over here where it's quieter?"
- "While we're both here at the bar/buffet/waiting area, I should introduce myself, I'm (name)"
- "I like your dress/tie/hair/accessory."



#### I Noticed...

Fill in the blank to give a compliment or start a conversation

- "I noticed you got a haircut, it looks great!"
- "I noticed on facebook that you got a new puppy, how is dog mom life?"
- "Inoticed you moved desks at work, how's the view over there?"

# **Topics to Avoid**

Keeping your conversation partner comfortable is an important part of successful conversation! Typically, it's best to avoid:

- Politics
- Gossip
- Religion
- Health
- Personal Finances
- Inappropriate Compliments/Comments



#### Remember, You Are Human

Keeping a conversation going, especially with strangers, can be challenging and exhausting.

- Don't be hard on yourself for small or awkward pauses in conversation
- Spend a few minutes alone if you need a break from socializing
- Convey your real feelings, people will be vulnerable if you are!

#### References

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