

WAYS TO SHOW APPRECIATION

“Knowledge will give you power,
but, character... respect.”
-Bruce Lee

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CREATING A PLEASANT WORKPLACE

It doesn't matter if you're the owner, a department manager, or a part-time employee, it takes the whole team to create a pleasant workplace.

We spend most of our 24-hour day in a workplace environment; surrounding ourselves with unfamiliar individuals. Let's start focusing on overcoming this uncomfortable situation.



- It takes a team to get a business off the ground, and business owners with the most talented employees tend to have the most success.
- A team leader can create a positive, productive environment by acknowledging their co-workers or employees for their distinguished accomplishment.

IT STARTS WITH MAKING TIME FOR YOURSELF

The most important person to show appreciation to is yourself!



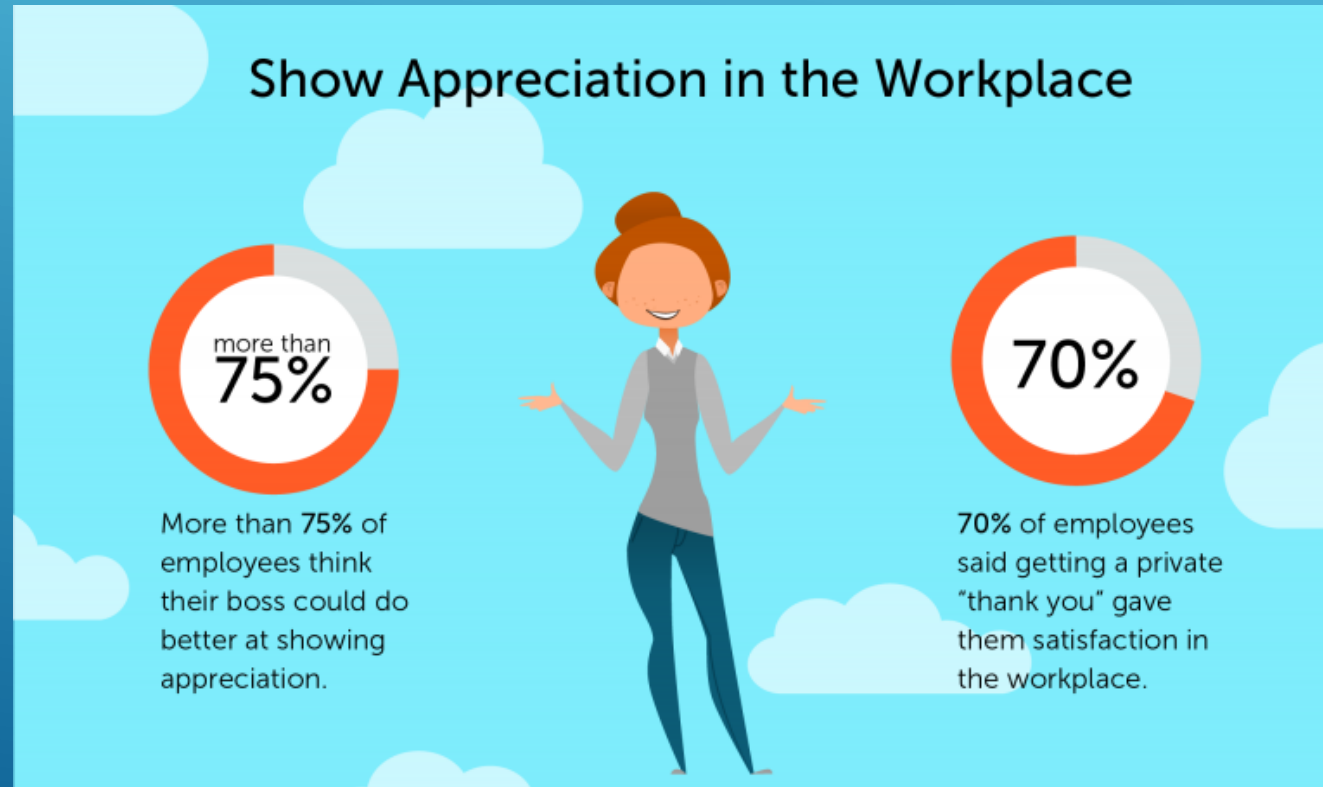
You owe yourself
the love that you
so freely give to
other people.

- ▶ Unapologetically, spend time creating a self-care environment for yourself.
 - ▶ Ex: Reading a book, deep-cleaning, manicure/pedicure, creating a new dish for dinner, Yoga or Meditation class, learn a new craft, or even a nature walk.
- ▶ If you like to be surrounded by other people, then explore a local art show or theater to attend.
- ▶ consider buying new gym apparel or a fitness center membership as a way to refocus your attention on yourself for a new or old habit.
- ▶ Also, spend time writing an encouraging note to oneself!!! Or possibly picking up journaling as a habit.

TIPS ON HOW TO SHOW APPRECIATION WITHIN THE WORKPLACE

Write hand written letters of appreciation.

- ▶ Most employees are accustomed to receiving communications electronically, so it will be a nice surprise when you take the time and effort to write a thank you letter by hand.



Have Flexible Work Hours.

- ▶ When your employees have worked particularly hard, give them permission to start work late on their chosen day.

TIPS ON HOW TO SHOW APPRECIATION WITHIN THE WORKPLACE

Offer fitness opportunities.

- ▶ Whether it's creating a softball team or inspiring other officemates to join a local fitness center; getting everyone interactive improves participants' physical and mental well-being.



Throw an in-office party!

- ▶ Support your local restaurants and give your coworkers a treat by ordering gourmet sandwiches, dessert, or artisan dishes.

TIPS ON HOW TO SHOW APPRECIATION WITHIN THE WORKPLACE

Offer free to low-cost training programs.

- ▶ Encouraging your employees and co-workers to pursue education will mean you have a better equipped workforce.



Host Events for Entire Company.

- ▶ An “End of the Year”, ice cream or other fun treat parties are great way to show gratitude for your valued employees.



▶ **References:**

- ▶ <https://www.fastcompany.com/90333097/5-ways-to-show-appreciation-for-your-employees>
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 - ▶ <https://www.deputy.com/us/blog/40-employee-appreciation-ideas-for-2019>
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